iPS Cell Culture

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Coat wells with hESC-qualified Matrigel

- 1. Remove an aliquot of Matrigel from -80C, sized for the number of plates that need to be coated (an aliquot labelled with "2" on the lid is enough to fully coat (2) full 6-well plates. Temporarily place at 4C until ready.
- Multiply the number on the lid by 6.25, pipette this amount of DMEM-F12 into a 50ml conical tube. (eg. a tube labelled "2" needs 12.5ml of DMEM-F12)
- 3. Remove the aliquot of matrigel from 4C, and transfer into the DMEM-F12 using a pipette. If the Matrigel is still frozen, it is acceptable to quick-thaw the Matrigel by taking a portion of the DMEM-F12 and adding to the Matrigel aliquot. Pipette up-and-down until thawed, and transfer back into the DMEM-F12.
- 4. Add 1ml of diluted Matrigel per single 6-well (ie. 6 ml are required per 6-well plate). Scale as needed for the desired well size.
- 5. Parafilm the plate to ensure the coated wells do not dry out. Incubate the plate for 1hr at room temp.
- 6. The plate is now ready to be seeded with cells. Alternatively, store the plate at 4C for up to 2 weeks. After removing a stored plate from 4C, repeat 1hr incubation at room temp.

Passage iPS Cells

Important note: passaging cells with EDTA (0.5mM EDTA in PBS) is a clump-passage method. Plating iPSCs as aggregates of 100-300 cells (see example pictures) is critical for healthy attachment and minimal death or differentiation. When plated correctly, it is not necessary to supplement with a ROCK inhibitor (eg. Y-27632) for routine passaging. EDTA has the additional benefit of selectively lifting iPS cells, fibroblasts/feeders and fibroblast-like differentiation will remain adhered to the well if manual scraping can be avoided during passaging

- 7. Before passaging, manually scrape as much differentiation from the well as possible. Determine the split ratio based on overall confluency (see example pictures).
- 8. Aspirate the culture media along with any scraped differentiation. Rinse once with 1ml of EDTA, aspirate.
- 9. Add 1 ml of EDTA per 6-well. Incubate for approximately 5min at 37C. Exact incubation time is cell line dependent (typically 3-7min). Incubation is done when colonies appear to be breaking apart in the center (see picture).
- 10. While the cells are incubating, aspirate the Matrigel from the prewarmed plate and replace with mTeSR (final volume after plating cells should be 2-3 mls).
- 11. GENTLY remove the plate from the incubator and place in the hood. At this point, cells are very loosely adhered and easily dislodged.
- 12. Carefully aspirate the EDTA.
- 13. Add ~2ml (can vary depending on desired split ratio) of pre-warmed mTeSR to neutralize the EDTA. To dislodge and pool cells, draw up the mTeSR and quickly eject back onto the bottom of the well. <u>IMPORTANT</u>, <u>STOP PIPETTING</u> if all the cells cannot be easily pooled with 2-3 rounds of rinsing the well. Further pipetting excessively breaks up the cell clumps and is counter-productive. Instead, use a cell-scraper to dislodge the remaining colonies. (Make a note that the incubation time with EDTA can be increased for future passaging)
- 14. If necessary, pipette to break up colonies to the target 100-300 cell-per-clump size (see picture for reference).
- 15. Gently pipette a fraction of the iPS clumps into a new well(s) to achieve the predetermined split ratio.
- 16. Move the plate into a 37C incubator. To evenly distribute cells, shake forward-backward then left-right. Do not swirl.
- 17. The day after passaging is the ONLY day it is acceptable to skip a media change. Beyond that, replace media daily with 2ml per 6-well.

Freeze iPS Cells

Before starting: ensure there is an available freezing container, print labels and label cryovials. One confluent 6-well is sufficient to freeze two vials (ie. a full 6-well plate yields 12 frozen tubes). Cell viability post-thaw is best if ice-cold Cryostor is used (step 21-23)

- 18. Passage cells as described in steps 7-13. <u>IMPORTANT</u>: maintain as large of cell clumps as possible. It is advisable to use a cell scraper rather than pipetting to dislodge cells (step 13).
- 19. Combine all wells of a single cell line into a 15 ml conical tube.
- 20. Centrifuge for 3min at 300g to pellet cells.
- 21. During centrifugation: Remove Cryostor from 4C and place in hood, remove caps from cryovials and set aside.
- 22. Aspirate mTeSR from pelleted cells. Leave 100-200µl to ensure the pellet is not disturbed.
- 23. <u>Carefully</u> add Cryostor to the cell pellet (1ml per well collected). <u>Gently</u> pipette to mix. Only pipette enough to break up the pellet while maintaining as large of individual clumps as possible.
- 24. Gently pipette 0.5ml of resuspended cells per cryovial.
- 25. Move cryovials into freezing container. Leave overnight at -80C. Transfer into liquid nitrogen the following day.

Thaw iPS Cells

Before starting: Prepare plate, warm media to 37C. A frozen sample prepared as described above will be plated into two 6-wells

26. Remove cryovial from liquid nitrogen. Ensure cap is fastened tightly (can loosen during storage). Quick-thaw in 37C water bath. Keeping the cap above water level minimizes contamination risk. As soon as the last ice crystal thaws, spray liberally with ethanol and move into hood.

- 27. Gently transfer thawed cells into 15ml conical containing 4ml mTeSR, maintain as large of cell clumps as possible.
- 28. Centrifuge for 3min at 300g to pellet cells.
- 29. Aspirate mTeSR from pelleted cells. Leave 100-200 μl to ensure the pellet is not disturbed.
- 30. Gently resuspend pellet in 4 ml of mTeSR while maintaining cell clumps.
- 31. Transfer resuspended cells into two 6-wells, 2mls per well.
 - Antibiotics can be added to a final concentration of 1x if desired. Adding the ROCK inhibitor Y-27632 at a final concentration of [10µM] can increase viability. Remove ROCK inhibitor the following day.
- 32. Move the plate into a 37C incubator. To evenly distribute cells, shake forward-backward then left-right. Do not swirl.
- 33. The following day, replace media with 2ml per 6-well.

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(eg. When passaging, neutralize EDTA with 3.2 mls of mTeSR. Plate 0.2mls into each new well) iPS Cell Culture

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Reagent	Company	Catalog Number
6-well tissue culture plates	Corning	#3516
mTeSR	Stem Cell Technologies	#85850
Cryostor	Stem Cell Technologies	#7930
hESC-Qualified Matrigel	Fisher	#8774552
Y-27632	Stem Cell Technologies	#72307
DMEM-F12	Gibco	#11320-033